

# Hampton Roads Learning Consultants invites you to *Master the 3Cs! Build a Better Workplace* *Communications • Conflict • Coaching*

Are you wondering what resources are available for coaching and training with local learning professionals? Do you find out-of-town consultants put strains on your organization's budget and never include any follow-up resources? We hope to inspire you with increased awareness of local resources and introduce you to techniques to positively impact your efforts to engage and collaborate with your employees and increase productivity!

## Who Should Attend?

Business Owners/Officers, Human Resource Personnel, Training and Corporate Communications Professionals, and Nonprofit Executive Directors/Boards

## Hampton Roads Learning Consultants'

### Seminar Topics and Presenters:

#### Communicate Strategically!

##### Objectives:

- Communicate to build collaborative teams
- Lead change more effectively
- Understand the impact of multi-generational workforces

#### Manage Conflict with Confidence!

##### Objectives:

- Positively manage work relationships to navigate difficult discussions with minimal disruptive conflict
- Learn key strategies for intervening at appropriate times to avoid conflict escalation

#### Coach Courageously!

##### Objectives:

- Understand two-way communications to improve on-the-job skills
- Create engaging, motivational coaching conversation

Call for more Information about  
sponsorship & exhibit opportunities:

757-513-8633

## Save the Date!

**When: Friday, October 27**

**Time: 8:30 a.m.-12:30 p.m.**

**Where: CLARK NEXSEN**

**4525 Main Street, Ste., 1400 Virginia Beach**

✓ Continental Breakfast

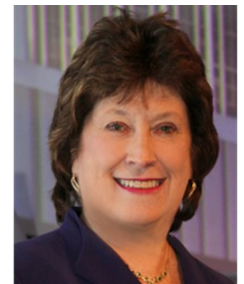
✓ Three Workshops

✓ Local Learning Resource Guidebook

**Early Bird Registration Only \$25.00**

**(\$30 after Oct. 18th) For more info, visit any of  
our websites listed below with the bios!**

**Susan Long-Molnar** is an industry leading communications consultant, strategist, and trainer. After an eleven year jaunt in communications management for regional operations of Sentara, Cox Communications, and USAA, she founded Managing Communications in 2002. Susan has a communications BA from Eastern Kentucky University and has over 35 years experience in the communications and education fields. [www.managingcommunications.com](http://www.managingcommunications.com)



**Sharon Harrington** leads the operations of Amediate, LLC., as a principal and Managing Organizational Communication Consultant. With a 20+ year concentration in conflict navigation, Sharon holds an MA degree in Organizational Communication from Arizona State University, a certificate in Federal Workplace Mediation from George Mason University, a FAD (Federal Agency Decision) certificate from the EEOC Institute and professional certification as a CPLP (Certified Professional in Learning Performance) in instructional design. [www.AmediateLLC.com](http://www.AmediateLLC.com)



**Walter W. Hoff** is President of Development First, LLC, a leadership development performance company that provides consulting, coaching, facilitation, and curriculum design services to clients in various industries focused on building the leadership skills of present and future leaders of people. He is a Professional Certified Coach through the Institute for Professional Excellence in Coaching, accredited by the International Coach Federation and he is an ASTD certified virtual trainer. [www.developmentfirstllc.com](http://www.developmentfirstllc.com)

